

Recondition problematic skin

Acne is a common skin condition caused by inflammation of oil-producing sebaceous glands. Acne develops when skin cells don't shed properly. This blockage encourages oil and bacteria to build up in the pores, leading to inflammation and infection.

IPL™ Acne PhotoFacials are revolutionizing the treatment of acne. These light-based, treatments effectively suppress acne without the possible side effects associated with prescribed daily medications and lotions. PhotoFacials are a non-surgical, medical-grade skin rejuvenating technique that offers results with no downtime, no pain and no adverse side effects. These treatments will reveal a naturally younger appearance with a clearer, more even complexion without facial alterations.

FREQUENTLY ASKED QUESTIONS

What is acne? What causes acne?

When bacteria combines with excess sebum, or oil, and dead skin cells in the hair follicles, it can lead to an inflammation known as acne. Genetics, stress, hormonal fluctuations, hot and humid climates, some medications and certain cosmetic ingredients can further irritate the skin and clog pores.

How do IPL™ Acne PhotoFacials work?

This incredible therapy is based on disbursing high intensity pulses of light through a handpiece that is gently applied over the treated area. The light is absorbed by the targeted oil gland, permanently disabling them while destroying bacteria that breeds inside the glands.

Is IPL™ safe?

Yes. This patented, FDA-approved technology safely and effectively treats mild to severe acne. Advanced light systems have been used safely on millions of patients of all ages worldwide.

What results should I expect after treatment?

Immediately after the treatment you will experience some minor redness which typically lasts only a few hours. You can expect to immediately return to normal activities. You may experience an initial flare-up after your first treatment.

What advantages do IPL™ Acne PhotoFacials treatments have over other treatment options?

Light-based acne treatments are revolutionizing the treatment of acne with easy, quick and effective suppression of acne without the problems associated with prescribed daily medications and lotions and their possible side effects. There is no downtime, no pain and no side effects.

Pre-treatment

INSTRUCTIONS

- Discontinue sun tanning, use of tanning beds and self-tanning creams 4 weeks before and throughout the course of treatments. This will reduce the chance of skin color changes and development of new lesions.
- Always use an SPF30 or greater sunscreen on all exposed treatment areas. Wear protective hats and clothing.
- Discontinue use of exfoliating creams such as Retin-A and other skin exfoliating products 2 weeks prior to and during the course of treatment.
- Discontinue use of Oral Isotretinoin/Accutane for 6 months prior to and during treatment. Accutane changes the underlying structure of the skin which may cause an increase skin sensitivity to light.
- If you have a history of Herpes outbreaks in the area of treatment you should consult your Primary Care provider for medical evaluation and possible antiviral therapy prior to treatment.
- An accurate diagnosis, by a Physician, of abnormal lesions or brown spots prior to treatment is necessary before treatment of lesions. Failure to do so, may delay proper treatment.

POST-treatment

INSTRUCTIONS

- A mild sunburn-like sensation is expected. This usually lasts 2-24 hours but can persist up to 72 hours. Mild swelling and/or redness may accompany this, which usually resolves in 2-3 days. In some cases, prolonged redness or blistering may occur.
- Apply cool/ice compresses and/or 1% Hydrocortisone cream to treatment areas as needed to reduce discomfort or swelling.
- The treated area can be gently cleansed and bactericidal ointment can be applied if needed.
- Direct sunlight to the treated area should be avoided. Daily application of an SPF30 or greater sunscreen is recommended to prevent development of new lesions.
- Pigmented lesions may initially look raised and/or darkened with a reddened perimeter. The lesion is usually healed in 7-21 days, but may take 4 weeks to completely fade.
- Do not pick, scratch or remove scabs. This will prevent unwanted side effects.
- Be aware of the likelihood of coincidental hair removal in the treatment area with a PhotoFacial.
- Until redness has completely resolved avoid all of the following:
 - Swimming, especially in pools with chemical/chlorine
 - Hot tubs and Jacuzzis
 - Activities that cause excessive perspiration

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