

Rejuvenate your skin

Rajeunir Medical Spa peels are light chemical peels that revitalize photo-damaged and sensitive skin, help improve problematic skin and reduce the appearance of fine lines.

These peels are appropriate for multiple applications and as a companion treatment for IPL™ Photofacials and Microdermabrasion.

By combining scientifically proven ingredients at the highest acid concentrations and the lowest pH allowable, Rajeunir Medical Spa chemical peels accelerate the cell renewal process, stimulate collagen synthesis, and give you overall skin rejuvenation.

FREQUENTLY **asked** QUESTIONS

Does a light chemical peel hurt?

When the chemical is applied you may feel a warm, tingling sensation.

What is the recovery time?

For approximately one week your skin will undergo the renewal process. Your skin may lose its dead outer layer. Depending on your skin, you may or may not notice the peeling. However, when peeling is visible it will occur two to four days after the Chemical Peel. The peeling will last for approximately three days. In addition, some mild itching and tightness of the skin may be experienced.

How many treatments are necessary?

Depending on the reason the patient is having the chemical peels, most patients require a minimum of 6 treatments to see results from these light chemical peels. Rajeunir Medical Spa's consultant will be able to determine the number of treatments necessary during your FREE consultation.

Can I go back to work after a light chemical peel?

Light chemical peels are a wonderful alternative to laser or harsh chemical peels because they are noninvasive, non-surgical and require no down time after treatment.

Can I have a light chemical peel after a PhotoFacial?

Yes! Light chemical peels are gentle, yet effective treatments. They are most effective when used in conjunction with IPL™ PhotoFacials, and complements Rajeunir Medical Spa's skin care regime.

Pre-treatment

INSTRUCTIONS

- Discontinue the use of sun tanning, and tanning beds 4 weeks before treatment.
- Discontinue use of Retin-A or Differin 5 days prior to treatment.
- Discontinue use of Tazorac 10 days prior to treatment.
- Discontinue use of Oral Isotretinoin/Accutane for 6 months prior to the treatment. Accutane changes the underlying structure of the skin which may cause an increase skin sensitivity to light.
- If you have a history of Herpes outbreaks in the area of treatment you need to consult your Primary Care Provider for medical evaluation and possible antiviral therapy prior to treatment.

POST-treatment

INSTRUCTIONS

- Direct sun exposure to the treatment area is prohibited from whatever source (natural sun, tanning beds, self-tanning creams) and the use of SPF 30 or greater is mandatory.
- Discontinue use of Retin-A/Renova or Differin 7 days post-treatment.
- Discontinue use of Tazorac 10 days post-treatment.
- Do not pick or pull on any loosening or exfoliating skin. This could potentially cause hyperpigmentation.
- Use a mild cleanser for 7 days following treatment.
- Mild redness is expected and will often fade in a few hours.
- It is not uncommon for your face to be drier after treatment. Use a gentle moisturizer as needed.
- **Do not have another treatment until your Skin Care Specialist advises you to do so.**

For the Next Two-Day Period:

- Do not apply ice or ice water to the treated areas.
- Do not put face directly into a shower spray.
- Do not use hot tubs, steam room, sauna or go swimming.
- Do not participate in activities that would cause excessive perspiration.
- Do not use loofahs or other means of mechanical exfoliation.
- Do not direct a hair dryer onto the treated area.
- Stay cool! Getting heated internally can cause hyperpigmentations.

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