

IPL™ HAIR Removal

Rajeunir
medicalSPA

Remove unwanted hair

Excess and unwanted hair is a common problem. Conventional treatments such as shaving, plucking, waxing and depilatory creams provide temporary removal that is inconvenient, messy and often irritating to the skin. Electrolysis can give good results, but is time-consuming, often painful and only removes hair one at a time.

IPL™ light sources are rapidly changing hair removal, providing gentle, non-invasive and long-lasting solutions to unwanted hair on any area of the body. IPL™ hair removal works by emitting pulses of intense light into the hair follicles. The light is absorbed by the pigment in the follicles and converted to heat. The heat then loosens the hair and disables the cells responsible for growing new hair.

Myth: Shaving will cause the hair to grow back thicker, faster and darker.

Extensive scientific studies have shown shaving does not cause hair to grow faster, thicker or darker.

FREQUENTLY ASKED QUESTIONS

What is IPL™ Hair Removal?

IPL™ (Intense Pulsed Light) is a breakthrough technology that damages the hair follicle for permanent hair reduction without causing damage to the skin. Rajeunir Medical Spa's IPL™ system is the fastest and most effective on the market today.

What is the difference between IPL™ and Laser Hair Removal?

IPL™ is a broadband light that emits energy in carefully timed and consistent pulses. Laser technology emits light in a sudden burst of energy. Therefore, IPL™ is more comfortable, more effective and requires fewer treatments.

How does IPL™ Hair Removal compare to traditional methods?

Daily hair management is time consuming, painful, messy and costly over time. During our lifetime we subject ourselves to painful razor burns, ingrown hairs, chemical burns, waxing, tweezing and electrolysis. With IPL™, traditional hair removal becomes obsolete.

How long do the treatments take?

Upper lip and chin take as little as 5 minutes. Underarms or bikini areas usually take 15 minutes. Large treatment areas, such as legs and back, require longer sessions.

What happens during the treatment?

During the treatment, our Skin Care Specialist will mark the area to be treated, shave the area if necessary, and gently apply the smooth surface of the IPL™ handpiece over the treatment area.

What does the treatment feel like?

Most people tolerate the treatments very well without discomfort. Some experience minimal discomfort during the procedure often described as a warm sensation to a slight sting, similar to a rubber band snap.

Pre-treatment

INSTRUCTIONS

- Discontinue sun tanning and the use of tanning beds and self-tanning creams 4 weeks before and throughout the treatment course. This will reduce the chance of skin color changes, and development of new lesions.
- Always use an SPF30 or greater sunscreen on all exposed treatment areas and re-apply every 2 hours throughout the day. Wear protective hats and clothing.
- Discontinue use of exfoliating creams such as Retin-A and other skin exfoliating products 2 weeks prior to and during the entire treatment course.
- Discontinue use of Oral Isotretinoin/Accutane for 6 months prior to and during treatment. Accutane changes the underlying structure of the skin which may cause an increase skin sensitivity to light.
- The treatment area should be shaved before each treatment.
- Refrain from tweezing, waxing, sugaring, electrolysis or other epilation methods for at least 4 weeks prior to treatment and for the duration of treatments.
- If you have a history of Herpes outbreaks in the area of treatment you should consult your Primary Care Provider for medical evaluation and possible antiviral therapy prior to treatment.

POST-treatment

INSTRUCTIONS

- A mild sunburn-like sensation is expected. This usually last 2-24 hours but can persist up to 72 hours. Mild swelling and/or redness may accompany this, which usually resolves in 2-3 days. In some cases, prolonged redness or blistering may occur.
- Apply cool/ice compresses to treatment areas for 10-15 minutes every hour for the next 4 hours, as needed, to reduce discomfort and heat sensation.
- Bathe or shower as usual. Treated area may be temperature sensitive. Cool showers or baths will offer relief. Avoid aggressive scrubbing, use of exfoliants, scrubs, brushes and loofah sponges until the treatment area has returned to its pre-treatment condition.
- Refrain from tweezing, waxing, sugaring, electrolysis or other epilation methods during the treatments.
- Direct sun exposure to the treatment area is prohibited from whatever source (natural sun, tanning beds, self-tanning creams) and the use of SPF 30 or greater is mandatory.
- Appearance of hair growth or stubble will continue for 7 to 30 days post-treatment. This is not new hair growth, but the treated hairs being expunged/purged from the skin.
- Avoid swimming, hot tubs, Jacuzzis and excessive exercise for 24 hours after treatment or until redness resolves.
- If blisters occur apply antibiotic ointment to the areas 2 times a day until healed.
- Do not pick, scratch or remove scabs. This will help decrease the chance of infection and scarring.
- A non-steroidal anti-inflammatory such as acetaminophen will help reduce discomfort. Take according to manufacturer's recommendations.

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